**Part 1 – Phonetic Sounds in German**

**1. Phonetic Sounds in German**

→ The entirety of all spoken sounds:

**Vowels:**

• short: a, e, i, o, u  
• long: aa, ee, ie, oo, uu  
• umlauts: ä, ö, ü  
• diphthongs: ei, au, eu

**Consonants:**

• voiced: b, d, g, w, m, n, l, r  
• voiceless: p, t, k, f, s, sch, h  
• special forms: ch (as in “ich” or “ach”), ng

→ This is the phonetic system – functional, not energetic.

**Part 2 – Resonance Carriers in German**

**2. Resonance Carriers – Sounds that activate Fields**

These act within the body, the field, the awareness.  
They are not taught in school, but felt in space.

**Vowels:**

• U – pelvis, holding, depth  
• A – heart opening, light  
• O – form, will  
• E – flow, emotion  
• I – clarity, forehead space

**Consonants:**

• M – cradle, center, integration  
• H – breath, release  
• S / Sch – separation, clearing  
• NG – resonance, humming, field  
• L – flowing, gentleness  
• R – vibration, power, fire

→ These sounds are like mantra components – they carry vibration, not just meaning.

**Conclusion:**

• There are more sounds in German than listed here.  
• But not all carry resonance fields.  
• These belong to an energetic grammar.

**Part 3 – Extended List of Resonant Sounds**

**1. Vowels – Resonance Spaces (Reception)**

|  |  |
| --- | --- |
| **Sound** | **Effect (Field)** |
| A | opening, light, heart, womb |
| I | clarity, direction, forehead, ray |
| U | depth, holding, pelvis, root |
| O | form, will, gathering, grounding |
| E | flow, wideness, connection, throat |
| Ä | integration, melting, liminal space |
| Ö | intuition, dream, inner seeing |
| Ü | mirror, distance, observation |

**2. Consonants – Resonance Carriers (Movement)**

|  |  |
| --- | --- |
| Sound | Effect (Field) |
| M | gathering, center, cradle |
| N | closeness, compassion, connection |
| L | gentleness, flow, tenderness |
| R | movement, fire, transformation |
| H | breath, release, transition |
| S | separation, cutting, clarity |
| Sch | protection, shell, dampening |
| NG | resonance, vibration, aftersound |
| W | softness, transition, permeability |
| J | beginning, impulse, childlike striving |

**3. Special Sounds – Threshold Tones**

|  |  |
| --- | --- |
| Combination | Effect |
| CH („ich“) | dissolution, subtle, release |
| CH („ach“) | return, depth, impact |
| TS / Z | tension, friction, edge |
| PF | breakthrough, impulse, burst |
| ST | direction, tension, boundary |
| SP | departure, expansion, forward |

→ These are accents – thresholds, edges, transitions.

**Part 4 – Missing, Functional Sounds**

|  |  |  |
| --- | --- | --- |
| Sound | Function | Note |
| B | impulse, start | duller, heavier than “P” |
| D | boundary, setting | acts like a “stop” |
| G | gate, weight | supportive, yet blocking |
| P | thrust, movement | sharp, initiates |
| T | separation, cut | sharp, clear, delineating |
| K | impact, start | solid, structured, cold |
| F | wind, friction | fluttery, diffuse |
| V | tense flow | like “W”, but less defined |
| Z | friction, tension | hissing, cutting |
| X | hardness | rare, edgy |
| QU | downward flow | rolling, hard to define |

→ These shape speech, but carry little energetic resonance.

**Part 5 – The Energetic Structure of German**

**I. Core Tension:**

German is a language of structure:

• clear syllable separation  
• hard consonant combinations  
• stretched vowels with weight  
• a burdened gravitas

**II. Axes of Sound:**

1. **Depth – U · O · NG · M**  
   → pelvic space, calm, gathering
2. **Opening – A · E · L · R**  
   → heart space, flow, contact
3. **Separation – I · S · T · K**  
   → head space, focus, boundary

**III. Resonance Behavior:**

A. **Vowel Length:**

• short = impulse  
• long = space

B. **Consonant Structure:**

• “ch”, “k”, “t” = edge  
• “m”, “n”, “l” = connection  
• “s”, “z”, “sch” = friction

**IV. Body Resonance:**

• **Pelvis**: U / NG / M  
• **Chest**: A / E / L  
• **Head**: I / S / T / K

**V. Conclusion:**

• German mora structures demand precision  
• Space between sounds is essential  
• Sound spaces are consciously placed, not just counted